

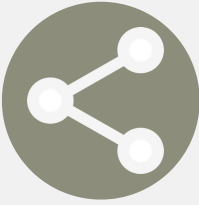
TWO X TWO

DISCIPLESHIP GROUPS

INTRO

What is a 2x2 Group?

A 2x2 group is a group of 4-6 individuals who agree to strive to read God's word daily, meet together once a week, develop accountability* with one another and lift each other up in prayer. Groups will commit to meeting for at least 13 weeks and potentially up to a year, if desired.



CONNECT

2x2 groups put you in relationships with other believers who will spur you on in your relationship with Christ through biblical application, accountability and prayer.



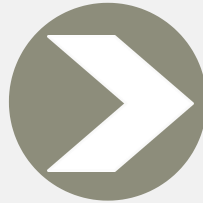
GROW

2x2 groups give you the tools you need through a bible reading plan and a journaling guide to help develop the discipline of daily bible engagement.



SERVE

Through 2x2 groups, you will be challenged to think outside of yourself and your group and begin to ask the question - "Who can I help disciple?" You'll be challenged to help lead your group in preparation for leading your own in the future.



GO

Part of the DNA of a 2x2 group is multiplication. Christ commanded all believers to make disciples. 2x2 groups multiply at least once a year to help disciple others.

**Please see the next page for an in-depth look at what accountability is within a 2x2 group.*

ACCOUNTABILITY IN YOUR 2X2 GROUP

What is Accountability?

A key component to our Christian faith is the Biblical truth that we need each other. We were not created to walk this journey alone. One way of loving and supporting each other is through accountability. When we are truly accountable to one another, we not only open ourselves up to vulnerability, but we also open ourselves up to others lovingly speaking truth into our lives, spurring on one another to Christ-likeness.

During your weekly meetings with your 2x2 group, these questions could be asked and everyone should be prepared with an honest answer:

- Have you spent time in the scriptures and prayer daily?
- Have you had flirtations or lustful attitudes, tempting thoughts, or exposed yourself to any explicit materials that would not glorify God?
- Have you been completely above reproach in your financial dealings?
- Have you spent quality time with family and friends?
- Have you done your 100% best in your job, school, etc?
- Have you told any half-truths or outright lies, putting yourself in a better light to those around you?
- Have you shared the Gospel with an unbeliever this week?
- Have you taken care of your body with daily exercise and proper eating and sleeping habits?
- Is there someone or something you have not forgiven, as you have been forgiven?
- Have you allowed any person or circumstance to rob you of your joy?

“A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.”

John 13: 34-35

JOURNALING GUIDE

We encourage each person to journal as they read God's word. Journaling enables us to not only better retain and reflect on what we have read, but also to process and apply it in much deeper ways. As part of a 2x2 group, we encourage you to use the HEAR Journal method.

The acronym **HEAR** stands for **Highlight, Explain, Apply, and Respond**. Each of these four steps contributes to creating an atmosphere to hear God speak.

H - Highlight: Write out a verse or verses that speak to you. Document the book, chapter, and verse so that you can return to it.

E - Explain: Better understand what you just read by writing it down in your own words. Who wrote it? Original audience? Original context? What is being communicated?

A - Apply: Ask yourself, "How can this help me? What does this mean to me today? What does this application look like in my life?"

R - Reflect: Take a few moments to write down the ways in which this passage points you to or reminds you of the Gospel. Some questions to ask yourself might be:

- How do you see Christ displayed in this passage?
- What does this passage illustrate about God's love?
- How does this passage remind me of my need for a Savior?
- How does this passage encourage /equip me to share the Gospel with others?

This book includes pages that follow along with the Bible Reading Plan and gives you space to journal in this method.

BIBLE READING PLAN

Week 1

Day 1 Exodus 7
Day 2 Exodus 12
Day 3 Exodus 14
Day 4 Exodus 16
Day 5 Exodus 20

Week 2

Day 1 Exodus 28
Day 2 Exodus 32
Day 3 Exodus 33
Day 4 Exodus 36
Day 5 Exodus 40

Week 3

Day 1 Leviticus 10
Day 2 Leviticus 11
Day 3 Leviticus 14
Day 4 Leviticus 16
Day 5 Leviticus 19

Week 4

Day 1 Leviticus 26
Day 2 Numbers 1
Day 3 Numbers 3
Day 4 Numbers 6
Day 5 Numbers 7

Week 5

Day 1 Numbers 14
Day 2 Numbers 16
Day 3 Numbers 20
Day 4 Numbers 21
Day 5 Numbers 24

Week 6

Day 1 Numbers 31
Day 2 Number 33
Day 3 Numbers 35
Day 4 Deuteronomy 1
Day 5 Deuteronomy 4

Week 7

Day 1 Deuteronomy 11
Day 2 Deuteronomy 15
Day 3 Deuteronomy 18
Day 4 Deuteronomy 22
Day 5 Deuteronomy 27

Week 8

Day 1 Deuteronomy 34
Day 2 Joshua 1
Day 3 Joshua 6
Day 4 Joshua 10
Day 5 Joshua 14

Week 9

Day 1 Joshua 24
Day 2 Judges 2
Day 3 Judges 4
Day 4 Judges 7
Day 5 Judges 9

Week 10

Day 1 Judges 16
Day 2 Judges 21
Day 3 Ruth 1
Day 4 1 Samuel 3
Day 5 1 Samuel 7

Week 11

Day 1 1 Samuel 17
Day 2 1 Samuel 18
Day 3 1 Samuel 24
Day 4 1 Samuel 25
Day 5 1 Samuel 30

Week 12

Day 1 2 Samuel 9
Day 2 2 Samuel 12
Day 3 2 Samuel 15
Day 4 2 Samuel 18
Day 5 2 Samuel 22